



RESOURCES FOR CHILDREN AND FAMILIES

Your Four Oaks Contacts: Leshia Nagel: 319.784.2234, Lnagel@fouroaks.org or Phil Lala 319.784.2060 plala@fouroaks.org

SERVICE NAME	SERVICE DESCRIPTION	ELIGIBILITY and FUNDING
Achievement Academy	Located in Cedar Rapids at Jane Boyd Community House, Cedar Valley, Hawthorne Hills Apartments, and at Johnson School. Achievement Academies offer out-of-school-time programming and are designed to provide children with a safe, healthy atmosphere to learn and grow. Elementary and middle school children are served through these programs.	Ages: 5 - 12 Funding: free or nominal costs
After School Program	Four Oaks After-School programming is for children with behavioral and emotional problems. The program is available after school and on weekdays when school is not in session.	Ages: 6 - 13 Funding: Day Care certificates, Linn County SED, private pay
Autism Spectrum program	The Four Oaks Autism Spectrum Program is designed to serve middle school children and high school youth who have been diagnosed as having an Autism Spectrum Disorder: Severity Level 1 ("Requiring Support"). The goal is to have a significant and positive impact on the quality of each child's life by teaching self-advocacy, communication skills, social skills and anxiety management.	Ages: 11 - 18 Funding: Sliding scale for families, per semester
Behavioral Health Intervention Services (BHIS):	BHIS is a skill-building service that works with the child and family to improve anger management, peer/family relationships, communication, problem-solving, and social skills.	Eligibility: Child must be on Medicaid
Behavioral Health Therapy	Behavioral health therapy includes ways of promoting well-being by preventing or intervening in mental illness such as depression or anxiety.	Funding: Medicaid (Title 19)
Cornerstone	The Four Oaks Cornerstone program is a Family Development Self-Sufficiency program (FaDSS) designed to partner with high-risk welfare recipients in working toward economic self-sufficiency and family stability. Families must be receiving FIP benefits to be eligible.	Eligibility: Family Investment Program (FIP) recipients Funding: no cost

SERVICE NAME	SERVICE DESCRIPTION	ELIGIBILITY and FUNDING
Family Support	The Jane Boyd and Partnership for Safe Families Family Support Workers (FSW) programs offer parent skills, support and resources to help families provide a safe and stable home for their children.	Children of any age; voluntary program Funding: no cost to participants
Family Team Decision Making	Wrap around planning for cases with complex needs.	Eligibility: All Linn County residents Funding: no cost to participants
Functional Family Therapy (FFT)	FFT is an evidence-based family intervention focused on delinquency prevention and reducing incidents related to disturbances of conduct. Middle school and high school counselors initiate these referrals.	Ages: 12 and older Funding: no cost to participants
Integrated Health Home (IHH)	The program provides case management to help parents navigate the child mental health system. All T19 eligible kids should be referred.	Eligibility: Child must have Serious Emotional Disturbance (SED) diagnosis Funding: no cost to eligible participants
PATHS	A pre-vocational work skills development program for older adolescents and adults with significant barriers to successfully achieving employment.	Eligibility: Application process Funding: no cost to participants
Systems of Care (SOC):	Case management services	Eligibility: SED diagnosis but not on Medicaid Funding: no cost to participants
Therapy and Counseling	Outpatient individual, family, and group psychotherapy to children and their families.	Funding: no cost to participants Funding: Title 19 or private insurance
TotalChild	TotalChild will help and monitor the child until age 18 in four key areas of life: <u>Childhood basic needs</u> (healthcare/housing/food/clothing); <u>Education and work</u> (high school graduation/job preparation/training); <u>Family</u> (functioning/ parenting skills); <u>Community</u> (positive social network/ safe, stable neighborhood, access to support services).	Eligibility: admittance to any Four Oaks service or program Funding: no cost to participants